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I would like to express my sincere gratitude to the Committee of the BSPR for awarding me with a Student Conference Bursary to attend the BSPR 2016 meeting held recently (25th - 27th July) in Glasgow University, UK. I found the three-day conference highly stimulating and educational with a high standard of research presented in the form of posters and powerful presentations. As a final year PhD student the opportunity to meet and engage in discussion with so many impressive proteomics researchers during the coffee and lunch breaks in-between the sessions was invaluable to me. The very friendly and relaxed environment allowed me the confidence to build connections that will certainly help me in my future professional growth.

I am also thankful to the Organising Committee for allowing me the opportunity to present some of my work as an oral presentation. This experience of presenting my work and receiving both constructive and positive feedback was extremely encouraging and highly insightful. Of course I must also thank the Organising Committee for ultimately awarding me the Young Investigator's award based on my presentation. I think that awards such as this one are extremely important as they provide young researchers with an incentive to present their work to an audience of international Proteomics researchers. For young researchers intending to embark on a career in Proteomics research, it is important that such opportunities are made available.